

# FREE

## LIVE AND INTERACTIVE SATELLITE BROADCAST

*Designed for physicians, pharmacists, psychologists, and nurses*

### Bipolar Depression: Clinical Conundrum

**September 23, 2003**

*This one hour activity will broadcast at:*

Eastern: 12 p.m.- 1 p.m. and 3 p.m.- 4 p.m.

Central: 11 a.m.- 12 p.m. and 2 p.m.- 3 p.m.

Mountain: 10 a.m.- 11 a.m. and 1 p.m.- 2 p.m.

Pacific: 9 a.m.- 10 a.m. and 12 p.m.- 1 p.m.

**Presenter**

Richard Shelton, MD  
Professor of Psychiatry  
Chief, Adult Psychiatry Division  
Vanderbilt University School of Medicine

**Moderator**

Paul Keck, MD  
Professor of Psychiatry  
University of Cincinnati College of  
Medicine

**Learning Objectives:**

At the end of this educational activity, participants should be able to:

1. Summarize the spectrum of bipolar depression in clinical practice
2. Recognize newer interventions, including the effects of novel anticonvulsants and antipsychotics
3. Describe the state of evidence-based treatments for bipolar depression

**Description:**

In spite of nearly a half century of research, bipolar depression remains a significant problem in clinical practice. In fact, most treatment research in bipolar disorder has focused on mania, whereas the majority of clinical presentations are in the depressive phase. This presentation will focus on two major areas: 1. Recognition and diagnosis, particularly focusing on the spectrum of illness; and 2. Treatment of bipolar depression, with a special emphasis on novel treatment interventions and maintenance. Data on newer interventions in bipolar disorder will include the current state of affairs with lamotrigine and novel antipsychotics, including risperidone, olanzapine, and clozapine. The presentation will end with a review of evidence-based treatments for this disorder.

**ACCREDITATION STATEMENTS/CREDIT DESIGNATION**

Distance Learning Network, Inc. has been approved by the American Psychological Association (APA) as a provider of continuing education for psychologists. Distance Learning Network maintains responsibility for the activity. The participant will be awarded 1 contact hour of credit for attendance and completion of supplemental materials.

Distance Learning Network, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Distance Learning Network designates this educational activity for a maximum of 1 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit he/she actually spent in the educational activity.



The University of Florida College of Pharmacy is accredited by the American Council on Pharmaceutical Education as a provider of continuing pharmaceutical education. This activity is approved for 1 contact hour (0.1 CEU's) in states that recognize ACPE. To receive credit you must attend the entire session and complete the evaluation form. The University of Florida College of Pharmacy will provide statements of Continuing Education Credit within 4 weeks after the session. 012-999-03-093-L01



Distance Learning Network has been approved as a provider of continuing education in nursing by the Utah Nurses Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. The participant will be awarded 1.2 contact hours of credit for attendance and completion of supplemental materials.

To register call 1-800-326-9166 or visit <http://www.dlnetwork.com>

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**COMMERCIAL SUPPORT**

This activity is supported by an educational grant to Distance Learning Network from Eli Lilly